

Evolutionary / Form Change Items			Key Items		Tide / Tide		Decorations		Normal Outfits		Other Items				
Item Name	Location		Item Name	Location	Item Name	Location	Category	Item Name	Location	Name	Location	Item Name	Location		
Thunder Stone	Sofo City (Yellow Shard Exchange)		EXP Share	Gift from Prof. Ela with Pokedex	TM01	Wish	Sunset Wildlife Zoo (Quest)	Desk	Small Desk	Gift from Piraeus, Sofo City - Street Vendor	University Green	Default outfit	Item Name		
Fire Stone	Sofo City (Red Shard Exchange), Palati City (Quest)		DonNav	Gift from Prof. Ela after Gym 2	TM02	Dragon Claw	Gym 8 (Aresia Hideout)	Desk	Heavy Desk	Penitential City - Street Vendor	Casual Coral	Journal Town (Uni. Student Reward)	Heart Scale	Item Name	
Water Stone	Riverwalk Trail (South) (Requires Surf), Sofo City (Blue Shard Exchange)		Old Rod	Fishing Guru in Kalam City	TM03	Water Pulse	Kipos Town (Requires Surf)	Desk	Ragged Desk	Penitential City - Street Vendor	East Iron Blue	Kalam City (Purchase - Beauty NPC OR Uni. Student Reward)	Red Shard	Item Name	
Sun Stone	Sofo City (Red Shard Exchange)		Espehra Whistle	Elder in Aresia Mountains	TM04	Calm Mind	Gym 3 (Pythos Town)	Desk	Comfort Desk	Penitential City - Street Vendor	Tropical Yellow	Kalam City (Purchase - Battle Gel NPC)	Green Shard	Item Name	
Moon Stone	Froasess Cavern B1 (Ice puzzle floor), Sofo City (Blue Shard Exchange)		Good Rod	Fishing Guru in Sofo City	TM05	Psychrock	Myrini Island	Desk	Pretty Desk	Sofo City - Street Vendor	Traditional	Pythos Town (Uni. Student Reward)	Blue Shard	Item Name	
Leaf Stone	Sofo City (Green Shard Exchange)		Key Stone	Complete Niko's Quest in Sofo City	TM06	Toxic	Sofo City Battle Pavilion	Desk	Book and Quill	Penitential City - Street Vendor	Old Sofo's Top	Sofo City (Purchase - Old Woman NPC OR Uni. Student Reward)	Yellow Shard	Item Name	
Ice Stone	Pythos Cemetery (Quest), Sofo City (Blue Shard Exchange)		Super Rod	Fishing Guru in Corin Crossing	TM07	Whisper	Kalam City (Uni. Student)				Zookeeper	Sunset Wildlife Conservation Center (5 Donations)	Evilite	Item Name	
Shiny Stone	Aresia Mountains (Requires Surf), Sofo City (Yellow Shard Exchange)		Pokemon Box L	Kipos Town Uni. Student	TM08	Bulk Up	Enrya Path West	Chair	Small Chair	Gift from Piraeus, Sofo City - Street Vendor	5-Petal Style	Penitential City (Purchase - Lady NPC)	Lucky Egg	Item Name	
Dusk Stone	Aresia Mountains (Quest), Sofo City (Green Shard Exchange)				TM09	Bullet Seed	Gym 1 (Journal Town)	Chair	Heavy Chair	Penitential City - Street Vendor	Old Palati Style	Palati City (Purchase - Beauty NPC)	Clean Amulet	Item Name	
Dawn Stone	Sofo City (Yellow Shard Exchange)				TM10	Hidden Power	Fresco Isles	Chair	Pretty Chair	Sofo City - Street Vendor	Ancient War Arm Port Pello (Uni. Student)		Stat Item	Item Name	
King's Rock	Aresia City, Sea of Aseri				TM11	Sunny Day	Fresco Isles	Chair	Comfort Chair	Penitential City - Street Vendor			Ability Patch	Stat Item	
Linking Cord	Sofo City (Green Shard Exchange)				TM12	Taunt	Asfal Hills	Chair	Ragged Chair	Penitential City - Street Vendor			Nature Mints	Stat Item	
Metal Coat	Sofo City (Red Shard Exchange)				TM13	Ice Beam	Froasess Cavern				Name:	Unlock:			
Razor Fang	Wanderer's Woods (Requires Surf), Sea of Vulcal				TM14	Rizzard	Aresia Hideout	Plant	Red Plant	Penitential City - Street Vendor	Johns Fashion	Fresco Isles Tailor (Catch all 3 Johns Starters)			
Razor Claw	Fresco Isles, Nya Trails				TM15	Draining Kiss	Penitential City (Quest)	Plant	Tropical Plant	Penitential City - Street Vendor	Kalos Fashion	Fresco Isles Tailor (Catch all 3 Kalos Starters)			
Black Augurite	Marmaro Island (Mining)				TM16	Light Screen	Sea of Aseri	Plant	Pretty Flowers	Sofo City - Street Vendor	Aloian Fashion	Fresco Isles Tailor (Catch all 3 Aloian Starters)			
Raper Cloth	Myrini Island (Quest)				TM17	Protect	Myrini Island	Plant	Colorful Plant	Penitential City - Street Vendor	Paldean Fashion	Fresco Isles Tailor (Catch all 3 Paldean Starters)			
Tart Apple	Sofo City (Street Vendor)				TM18	Rain Dance	Sea of Aseri, Underwater (Quest)	Plant	Flower Box	Sofo City - Street Vendor	Irlyan Fashion	Only obtainable via Aresia University Chest Codes			
Sweet Apple	Sofo City (Street Vendor)				TM19	Giga Drain	Sea of Aseri	Plant	Potted Berry	Journal Town Berry Club - 200 Berry Trees Reward					
Syrupy Apple	Sofo City (Street Vendor)				TM20	Poison Jab	Myrini Island (Uni. Student)	Ornament			TV & Radio Deck	Sofo City - Street Vendor			
Auspicious Armor	Kapitara Island				TM21	Acid Spray	Gym 5 (Myrini Island)	Ornament			Pink Ball Table	Sofo City - Street Vendor			
Malicious Armor	Kapitara Island				TM22	Solar Beam	Kapitara Island	Ornament			Shrine	Penitential City - Street Vendor			
Red Nectar	South Bronze Fields (hidden item on red flower bundle in N.E. of map), Myrini Island (Beauty)				TM23	Hex	Wanderer's Woods (Requires Surf)	Ornament			Side	Penitential City - Street Vendor			
Yellow Nectar	Asfal Hills Library, Myrini Island (Beauty)				TM24	Thunderbolt	Kapitara Island	Ornament			Fence Length	Sofo City - Street Vendor			
Pink Nectar	Asfal Hills Library, Myrini Island (Beauty)				TM25	Thunder	Tower of Oxiopos	Ornament			Fence Width	Sofo City - Street Vendor			
Purple Nectar	Pythos Cemetery (hidden item on purple flowers near Performer in N.W. of map), Myrini Island (Beauty)				TM26	Earthquake	Kapitara Island (Uni. Student)	Ornament			Stand	Penitential City - Street Vendor			
Deep Sea Scale	Sea of Aseri (Underwater)				TM27	Return	Prof. Ela (catch 50 Pokemon)	Ornament			Irregular Door	Penitential City - Street Vendor			
Deep Sea Tooth	Sea of Vulcal (Underwater)				TM28	City	Marmaro Island (Rioter NPC)	Ornament			TV	Gift from Piraeus, Penitential City - Street Vendor			
All Evolution Items can also be bought in an Elite Four mart!															
					TM29	Psychic	Fresco Isles Abandoned Lab	Ornament			White Bed	Sofo City - Street Vendor			
					TM30	Shadow Ball	Pythos Cemetery (Requires Surf)	Ornament			Patterned Bed	Penitential City - Street Vendor			
					TM31	Iron Break	Marmaro Island (Black Belt NPC)	Ornament			Shocking Bed	Aresia Hideout			
					TM32	Double Team	Bronze Fields North	Ornament			Marble Statue	Complete Mining Minigame 10 times			
					TM33	Reflect	Sea of Vulcal	Ornament							
					TM34	Shock Wave	Asfal Hills (Quest)	Mat	Doll Cabin Tile	Sofo City - Street Vendor, Penitential City - Street Vendor					
					TM35	Flamethrower	Gym 7 (Palati City)	Mat	Wood Mat	Penitential City - Street Vendor					
					TM36	Sludge Bomb	Myrini Island (Quest)	Mat	Glitter Mat	Penitential City - Street Vendor					
					TM37	Sandstorm	Fresco Isles	Mat	Spin Mat	Penitential City - Street Vendor					
					TM38	Fire Blast	Nya Trails	Mat	Jump Mat	Penitential City - Street Vendor					
					TM39	Rock Tomb	Gym 2 (Kalam City)	Mat	Split Mat	Penitential City - Street Vendor					
					TM40	Aerial Ace	Riverwalk Trail (West) (Requires Surf)	Mat	C Low Note Mat	Penitential City - Street Vendor					
					TM41	Torment	Sofo City	Mat	D Note Mat	Penitential City - Street Vendor					
					TM42	Facade	Kalam City	Mat	E Note Mat	Penitential City - Street Vendor					
					TM43	Poison Fang	Myrini Island	Mat	F Note Mat	Penitential City - Street Vendor					
					TM44	Rest	Pythos Town	Mat	G Note Mat	Penitential City - Street Vendor					
					TM45	Attract	Myrini Island Battle Pavilion	Mat	A Note Mat	Penitential City - Street Vendor					
					TM46	Theft	Froasess Cavern B12 (Requires Surf)	Mat	B Note Mat	Penitential City - Street Vendor					
					TM47	Steel Wing	Rania (after Gym 6, in University)	Mat	C High Note Mat	Penitential City - Street Vendor					
					TM48	Skull Swap	Sea of Vulcal	Mat	Surf Mat	Gift from Piraeus, Sofo City - Street Vendor					
					TM49	Bulldoze	Gym 6 (Fresco Isles)	Mat	Thunder Mat	Sofo City - Street Vendor					
					TM50	Deepwater Curse	Wanderer's Woods (Uni. Student)	Mat	Fire Blast Mat	Penitential City - Street Vendor					
					TM51	Will-o-Wisp	Pythos Town	Mat	Power Snow Mat	Penitential City - Street Vendor					
					TM52	Frost Breath	Enrya Path East (Quest)	Mat	Attract Mat	Penitential City - Street Vendor					
					TM53	Power-Up Punch	Gym 4 (Sofo City)	Mat	Fisure Mat	Penitential City - Street Vendor					
					TM54	Dazzling Gleam	Corin Crossing (Uni. Student)	Mat	Spikes Mat	Penitential City - Street Vendor					
					TM55	Snarl	Enrya Path East	Poster	Minotauros Plaque	Palati City (Quest)					
					TM56	Scalp	Fishing Treasure (Good/Super Rod)	Poster	Ball Poster	Gift from Piraeus					
					TM57	Roost	Palati City (Uni. Student)	Poster	Green Poster	Sofo City - Street Vendor					
					TM58	Thunder Wave	Palati City (Quest)	Poster	Red Poster	Sofo City - Street Vendor					
					TM59	Dark Pulse	Nya Trails	Poster	Blue Poster	Sofo City - Street Vendor					
					TM60	Dragon Dance	Penitential City	Poster	Blue Poster	Sofo City - Street Vendor					
								Poster	Dragon Poster	Penitential City (Quest)					
					HM01	Cut	Rania, Journal Town	Poster	Opal Fish Poster	Kalam City (Quest)					
					HM02	Fly	Kapitara Island	Poster	Puppy Poster	Penitential City - Street Vendor					
					HM03	Surf	Niko, Asfal Hills	Poster	Sea Poster	Penitential City - Street Vendor					
					HM04	Strength	Rania, Acropolis Temple	Poster	Sky Poster	Penitential City - Street Vendor					
					HM05	Flash	Team Chimera Arena, Pythos Cemetery	Poster	Sunset Poster	Sofo City - Street Vendor					
					HM06	Rock Smash	Prof. Ela after 2nd Gym	Poster							
					HM07	Waterfall	Rania, Darcos Straits	Doll	PKachu Doll	Sofo City - Street Vendor					
					HM08	Ore	Marmaro Mines	Doll	Minmayy Doll	Penitential City - Street Vendor					
								Doll	Catrawler Doll	Sofo City - Street Vendor					
								Doll	Togepi Doll	Sofo City - Street Vendor					
								Doll	Cynbaquai Doll	Fresco Isles - Doll-Maker					
								Doll	Chakorta Doll	Fresco Isles - Doll-Maker					
								Doll	Tobottle Doll	Fresco Isles - Doll-Maker					
								Doll	Aggyjeuff Doll	Penitential City - Street Vendor					
								Doll	Mouath Doll	Sofo City - Street Vendor					
								Doll	Impidling Doll	Penitential City - Street Vendor					
								Doll	Egg Doll	Myrini Island Pokemon Daycare					
								Doll	Archon Doll	Penitential City - Street Vendor					
								Doll	Through Doll	Penitential City - Street Vendor					
								Doll	Chespin Doll	Fresco Isles - Doll-Maker					
								Doll	Fennkein Doll	Fresco Isles - Doll-Maker					
								Doll	Proate Doll	Fresco Isles - Doll-Maker					
								Doll	Duskul Doll	Penitential City - Street Vendor					
								Doll	Baltoy Doll	Penitential City - Street Vendor					
								Doll	Kanon Doll	Penitential City - Street Vendor					
								Doll	Bufful Doll	Sofo City - Street Vendor					
								Doll	Applin Doll	Penitential City - Street Vendor					
								Doll	Swadlu Doll	Penitential City - Street Vendor					
								Doll	Bourmeat Doll	Sofo City - Street Vendor					
								Doll	Skiddo Doll	Penitential City - Street Vendor					
								Doll	Rodcuff Doll	Penitential City - Street Vendor					
								Doll	Toozounon Doll	Penitential City - Street Vendor					
								Doll	H-Arcanine Doll	Penitential City - Street Vendor					
								Doll	Kommo-o Doll	Penitential City - Street Vendor					
								Doll	Laynes Doll	Penitential City (Uni. Student)					
								Doll	Rakko Doll	Sofo City Acropolis Temple					
								Doll	Entel Doll	Sofo City Acropolis Temple					
								Doll	Sulcane Doll	Sofo City Acropolis Temple					
								Doll	Oyanidus Doll	Tower of Oxiopos (Uni. Student)					
								Doll	Hydrapple Doll	Tower of Oxiopos - Quest Reward					
								Doll	Dragonite Doll	Sea of Vulcal (Underwater)					
								Doll	A-Rachtu Doll	Sofo City - Quest Reward					
								Doll	Oxioma Doll	Sofo City - Quest Reward					
								Cushion	Pika Cushion	Penitential City - Street Vendor					
								Cushion	Rusur Cushion	Penitential City - Street Vendor					
								Cushion	Kiss Cushion	Penitential City - Street Vendor					
								Cushion	Zigzag Cushion	Penitential City - Street Vendor					
								Cush							